



Planet Plate

Eating a vegetarian diet can help with climate change by reducing carbon emissions and help reduce global warming. They are really tasty too!

New Menu

Please order and pay in the usual way via



ParentPay

DID YOU KNOW?

- We source seasonal and local food where we can
- Our meals are freshly prepared on site
- We serve at least two portions of fruit & veg a day
- Organic yoghurt or dairy alternative available daily
- We use local higher welfare meat and free range eggs
- Our school food meets the School Food Standards and Food For Life criteria.



Planet Plate Day

Tuesday

Wednesday

Thursday

Friday

Week 1

08.11.21

29.11.21

Week 2

15.11.21

06.12.21

Week 3

22.11.21

13.12.21

WEEK 1

Freshly prepared creamy tomato pasta bake (V)
Seasonal vegetables
Or
Sunshine soup and a homemade bread roll (V)

Mandarin muffin or fresh fruit
Or organic fruit yoghurt

Freshly prepared Beef and vegetable lasagne and garlic bread
Or
Veggie spring roll & egg fried rice (V)
Seasonal vegetables

Build your own fruit pot
Or organic fruit yoghurt

Local Devonshire Roast Chicken, gravy, Yorkshire pud,
Or
Creamy seasonal veggie bake (V)
roast potatoes and seasonal vegetables

Tangy lime cake or fresh fruit
Or organic fruit yoghurt

'Planet plate' meatballs in a tomato sauce, fruity rice and nachos
Or
Veggie ball pasta in a tomato sauce
Italian herb bread
Seasonal vegetables
Banana pancakes or fresh fruit
Or organic fruit yoghurt

MSC golden nuggets (salmon)
Or
Bolognaise boats (V)

Chips, sweetcorn and baked beans

'Dessert of the Day' or fresh fruit
Or organic fruit yoghurt

Deli Bar: There will be a variety of fillings available to choose from every day - along with a selection of freshly prepared seasonal salads and various bread options

Jacket potato: There will be a choice of fillings available to choose from on a daily basis along with either the seasonal veg of the day or crunchy salad bar

ALLERGENS

We take every care to cater for pupils with allergies & intolerances Please enquire with the kitchen regarding ingredients in your meal.

Homemade Dessert of the Day

This is a freshly prepared reduced sugar sweet treat which changes daily and could include a chocolate date brownie, Mandarin, apple or fruit sponges, carrot cake, tray bake, flapjack, banana muffins, fruity shortbread.

WEEK 2

Freshly prepared macaroni cheese garlic bread (v)
Seasonal vegetables
Or
Sunshine soup and a homemade bread roll

Lemon muffin or fresh fruit
Or organic fruit yoghurt

Butcher quality pork sausages
Or
Veggie sausages (V)
creamy mash and gravy
Seasonal vegetables

Build your own fruit pot
Or organic fruit yoghurt

Local Devonshire Roast beef, gravy, Yorkshire pud
Or
Country veggie roast (V)
roast potatoes and Seasonal vegetables

Crispy square or fresh fruit
Or organic fruit yoghurt

Freshly prepared chicken Chow Mein, noodles
Or
Creamy chickpea and veg curry, rice, poppadum (V)
Seasonal vegetables

Jam sponge and custard or fresh fruit
Or organic fruit yoghurt

MSC Fish fingers
Or
Cheese & Broccoli quiche (V)

Chips, peas and baked beans

'Dessert of the Day' or fresh fruit
Or organic fruit yoghurt

Deli Bar: There will be a variety of fillings available to choose from every day - along with a selection of freshly prepared seasonal salads and various bread options

Jacket potato: There will be a choice of fillings available to choose from on a daily basis along with either the seasonal veg of the day or crunchy salad bar

WEEK 3

Freshly prepared Margherita pizza (V)
Crunchy diced potatoes
Seasonal vegetables
Or
Sunshine soup and a homemade bread roll (V)

Chocolate muffin or fresh fruit
Or organic fruit yoghurt

Freshly prepared Beef and vegetable spaghetti bolognaise, homemade garlic bread
Or
Vegetable nuggets, wedges (V)
seasonal vegetables

Build your own fruit pot
Or organic fruit yoghurt

Local Devonshire Roast gammon, gravy, Yorkshire pud, roast potatoes and seasonal vegetables
Or
Winter soup and a homemade bread roll (V)

fruit jelly & shortbread or fresh fruit
Or organic fruit yoghurt

Freshly prepared Creamy chicken and rice
Or
'Mexican style' vegan pasta bake (V)
Seasonal vegetables

Seasonal fruit crumble and custard
Or fresh fruit
Or organic fruit yoghurt

Freshly breaded Brixham fish finger
Or
Homemade cheese & onion pasty (V)

Chips, sweetcorn and baked beans

'Dessert of the Day' or fresh fruit
Or organic fruit yoghurt

Deli Bar: There will be a variety of fillings available to choose from every day - along with a selection of freshly prepared seasonal salads and various bread options

Jacket potato: There will be a choice of fillings available to choose from on a daily basis along with either the seasonal veg of the day or crunchy salad bar